

Programme Price List

2025/2026

COMBE GROVE

Programmes	Duration	Prices From	Orchard Room	Grove Room	Returners Retreat
Health Reset Day	1 Day	£225			
Local Metabolic Membership	1 Year ongoing	£1,200 Plus £150 joining fee			
Mini Metabolic Programme	3 Days	£1,200	Standard Rate from £1,200	Standard Rate from £1,300	Can be purchased from £1,050.
Preparing for Surgery Programme	3 Days	£1,200	Standard Rate from £1,200	Standard Rate from £1,300	Can be purchased from £1,050.
Combe Grove at Home	12 Weeks Online	£1,200 Bursary Places Available by Application			Can be purchased from £1,050.
The Metabolic Health Programme	5 Nights Plus a 3 Night Returner's Retreat		Early Bird at £2,600 Early Bird at £2,900 Standard Rate from £3,200	Standard Rate from £3,500	Included 3 Night Retreat after 12 weeks.
Returner's Retreat	3 Nights	From £1,050	Standard Rate from £1,050	Standard Rate from £1,200	