COMBE GROVE

WELLBEING DAYS

We warmly welcome you here at Combe Grove to enjoy time for yourself or with friends and family, returning to a peaceful state of being. Immerse yourself in total mind, body and soul relaxation. Our facilities include, sauna, hydro beds, steam room, indoor and outdoor pool (during summer months), gym, a variety of classes as well as 68 acres of woodland with beautiful nature walks and stunning views. We use pure, organic products from Cornwall in our treatments. You will be provided with a towel and bath robes.

SPACE TO BREATHE- FULL DAY

£99.00

Fresh juice on arrival

Use of facilities

Classes (need pre- booking)

Light lunch (starter and main from Wellness Menu)

55 minute treatment (Mindful Moments, Body Balance, Elemental Relaxation, Crystal Facial, Radiant Mum To Be, Vegan Deluxe Manicure or Pedicure)

SPACE TO BREATHE - HALF DAY

£65.00

Fresh juice on arrival

Use of facilities

Classes (need pre- booking)

Light lunch (starter and main from Wellness Menu)

25 minute treatment (Body Balance, Organic Recovery Facial, Vegan Express Manicure or Pedicure)

Contact us
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hello@combegrove.com