

OUR PHILOSOPHY

Combe Grove's Wellbeing Clinic is a journey inspired by the elemental wisdom of the land. Drawing on the inter-connective relationship of the individual and nature, we choose a holistic approach to wellbeing, integrating ancient healing wisdom with the best of modern science.

In most of our treatments we use pure, organic products from the South West of England with selected medicinal herbs and aromas to support the therapeutic benefits of your treatment. Before the treatments you can choose from one of our organic essential oil infused blends, tailoring the therapeutic benefits to your needs.

We wish to provide you with a mind, body and spirit wellness journey that helps you to slow down, giving you space to breathe.

Anette Hall
Deputy Wellness Manager



BEAUTY BOX

SMOOTH TOUCHES

FULL LEG WAX	45 MINS	£35.00
HALF LEG WAX	30 MINS	£25.00
CHEST OR BACK WAX	30 MINS	£20.00/50 MINS £30.00
BIKINI WAX	15 MINS	£15.00
UPPER LIP & CHIN WAX	20 MINS	£13.00
BRAZILIAN WAX	30 MINS	£25.00
UNDERARM WAX	15 MINS	£15.00

NAIL TREATMENTS

DELUXE MANICURE/PEDICURE	75 MINS	£40.00
GEL OVERLAY MANICURE/PEDICURE	55 MINS	£38.00

FINISHING TOUCHES

EYE PACKAGE	45 MINS	£29.00
EYEBROW AND LASH TINT	30 MINS	£22.00
EYELASH TINT	25 MINS	£12.00
EYEBROW TINT OR WAX	15 MINS	£12.00

COMBE GROVE

Brassknocker Hill, Bath BA2 7HS
01225 834 644
hello@combegrove.com

COMBE GROVE

Wellbeing Treatment Menu



TREATMENTS

ELEMENTAL RELAXATION

60 MINS £75.00 / 90 MINS £110.00

A deeply relaxing massage therapy using the 5 elements earth, water, fire, wind and ether.

The 5 elements represent the fundamental building blocks used in constant regeneration we call life.

Using wild harvested, dried sage from our land, a smudging ritual (air) helps you enter a deeper dimension of inner harmony. Hot stones bring the heat (earth, fire) into the treatment experience, promoting detoxification, leaving your mind, body and spirit feeling serene and tranquil. Long, full effleurage strokes move the lymphatic and circulatory system (water). A gentle sound breeze using windchimes (ether) finalizes this deeply nurturing treatment.

GUT HEALTH SUPPORT

90 MINS £110.00

An effective full- body experience with focused massage and healing energy techniques specifically designed to support your gut health. Working with your Vagus Nerve (a circuit that links the neck, heart, lungs and abdomen to the brain) this treatment creates a full body/mind connection and a deep release of mental and physical tension. Guided, deep diaphragmatic breathing, foot reflex and facial Tsubo point massage support the therapeutic benefits. We also use a Tibetan singing Bowl and wind chimes during this special treatment which provide a gentle pathway to inner peace.

You can choose from one of our botanical, organic massage oils, tailoring the therapeutic benefits to your needs.

MINDFUL MOMENTS

60 MINS £75.00 / 90 MINS £90.00

Developed to promote inner peace, returning your body and mind to a state of harmony, this treatment works as a counterbalance to a busy lifestyle and an active mind. You can choose from one of our botanical, organic massage oils, tailoring the therapeutic benefits to your needs.

Mindful moments incorporates a beautiful meditation experience, botanical foot ritual, nurturing scalp treatment with a firm and meaningful back, neck & shoulder massage. Find time to unwind, relax and release, embraced by our signature sound elements.

CRYSTAL FACIAL

60 MINS £75.00 / 90 MINS £110.00

Using plant- based, 100% organic products, our Crystal Facial Therapy is deeply harmonizing, promotes healing and renewal as well as raising the vibrational energy for the brightest and healthiest of faces.

The treatment uses slow, rhythmical and repetitive massage movements and incorporates Tsubo Point Therapy for the optimal skin glow. The Gua Sha, which has been used for thousands of years by the elite women of ancient Chinese dynasties, is a tool made from rose quartz crystal. The crystal hugs the curves of your face and neck to increase blood circulation, refining and smoothing your skin, as well as stimulating a variety of acupressure points. This beautiful facial is a deeply healing experience for your mind, body and soul, giving your skin a radiant glow. Our 90-minute option includes a relaxing foot treatment. Find time to unwind, relax and release, embraced by our signature sound elements and gorgeous organic facial collection.

ORGANIC RECOVERY FACIAL

30 MINS £50.00

Luxurious organic products to rejuvenate your skin for a natural glow. Nurturing and nourishing massage techniques combined with many natural healing elements for a mini rejuvenating experience. Find time to unwind, relax and release, embraced by our signature sound elements and gorgeous organic facial collection.

DEEP TISSUE ENERGISER

60 MINS £75.00 / 90 MINS £110.00

A therapeutic relaxation to alleviate stress and release the discomfort of aching muscles. This treatment is finalised using an organic plant-based muscle balm which deeply penetrates your skin, keeping your muscles relaxed for longer.

BODY BALANCE

30 MINS £45.00 / 60 MINS £75.00

This Swedish inspired massage releases stress and tension using 100% natural oils to calm your mind, body and spirit. The perfect treatment to let go and unwind, enjoying a sense of deep relaxation and wellbeing.

25 mins: back, neck & shoulders

55mins: full body massage.

RADIANT MUM-TO-BE

60 MINS £65.00

Relax while your highly-trained therapist safely and gently treats your back, tummy, legs and face for a truly nurturing experience that helps you relax, relive heavy legs and connect to your baby. Suitable for pregnancies over 12 weeks.

COMBE GROVE