

## OUR PHILOSOPHY

Combe Grove's Wellness Treatments are inspired by the elemental wisdom of the land and our holistic approach to wellbeing draws on both ancient healing wisdom and the best of modern science.

In most of our treatments, we use pure, organic products from the South West of England with selected medicinal herbs and aromas to support the therapeutic benefit of our treatments. Choose from one of our organic essential oil-infused blends, to tailor each treatment to your personal need.

We invite you to enjoy a wellness journey incorporating mind, body and spirit, helping you to slow down, relax and unwind.

Anette Hall  
Deputy Wellness Manager



### SMOOTH TOUCHES

We use a wax that protects, nourishes and repairs the skin putting the focus on making the waxing as comfortable as possible for the client. The products we use are hydrating and soothing on the skin.

FULL LEG WAX	£35.00
HALF LEG WAX	£25.00
CHEST OR BACK WAX	£25.00
UPPER LIP & CHIN WAX	£12.00
BRAZILIAN WAX	£25.00
BIKINI WAX	£20.00
UNDERARM WAX	£15.00

### NAIL TREATMENTS

We use vegan and cruelty free products which focus on nail care and contain ingredients enriched with nurturing botanicals, antioxidants, vitamins and proteins.

JESSICA LUXURY MANICURE	60 MINS	£40.00
JESSICA LUXURY PEDICURE	60 MINS	£50.00
JESSICA GELERATION MANICURE	75 MINS	£45.00
JESSICA GELERATION PEDICURE	75 MINS	£55.00

### FINISHING TOUCHES

EYEBROW TINT	£12.00
EYELASH TINT	£12.00
LASH AND BROW TINT AND BROW WAX	£25.00

Brassknocker Hill, Bath BA2 7HS  
01225 834 644  
[hello@combegrove.com](mailto:hello@combegrove.com)



# COMBE GROVE

*Wellbeing Treatment Menu*

# TREATMENTS

## BESPOKE FACIAL

75 MINS £85.00

Our age-specific facial, which also addresses your skin concerns, is tailor-made for you. A bespoke facial using bioactive natural ingredients and vitamins, this treatment is results driven as well as being deeply relaxing. We use carefully chosen British made vegan products that are award-winning, with no chemicals or animal testing used in production.

## CRYSTAL FACIAL

60 MINS £75.00 / 90 MINS £95.00

A slow, rhythmical face massage with Tsubo Point Therapy that gives a glow to the skin. Rose quartz crystal is used to promote circulation and smooth the skin. The 90 minute treatment includes a relaxing foot massage.

## MINDFUL MOMENTS

60 MINS £75.00 / 90 MINS £95.00

To promote peace and harmony to your body and mind, this therapy includes a foot and scalp treatment and a back, neck and shoulder massage.

# COMBE GROVE

## DEEP TISSUE ENERGISER

30 MINS £55.00 / 60 MINS £75.00 / 90 MINS £95.00

A deeper, more invigorating massage to alleviate stress and relieve the discomfort of aching, sore muscles. This treatment can be targeted to areas of tension and strain for optimum benefit and relief.

## AROMATHERAPY MASSAGE

30 MINS £55.00 / 60 MINS £75.00 / 90 MINS £95.00

Aromatherapy is a holistic treatment using plant extracts to promote wellbeing. The use of essential oils improves the health of the mind, body and soul. Using Swedish massage techniques the benefits of the essential oils are inhaled and breathed through the skin.

## REFLEXOLOGY

60 MINS £60.00

Reflexology is a complementary health therapy that can be effective in promoting deep relaxation and wellbeing. It is a touch therapy based on the theory that reflex points on the feet correspond to each part and system of the body.

## INDIAN HEAD MASSAGE

45 MINS £45.00

Indian Head Massage is a treatment that focuses on massaging acupressure points along the head, neck and shoulders, incorporating circular massage strokes to improve the condition of the hair and scalp. A very relaxing treatment that increases mobility and flexibility of the neck and shoulders and improves circulation.

## DIGESTIVE HEALTH SUPPORT

90 MINS £120.00

A full body treatment focusing on gut health through working with the vagus nerve. This therapy includes guided breathing, facial and body point massage and foot reflex work.

## PRE-NATAL MASSAGE

60 MINS £75.00

Suitable for mums-to-be after the first trimester, a safe and gentle treatment focusing on the back, legs and shoulders.

