



COMBE GROVE

COACH HOUSE

**CLASS COVER from
11th October 2021**

Mon 11 th	1815 Beginners Spin with Brian
Tue 12 th	1230 Pilates with Brenda
Thurs 14 th	1745 Essentrics covered with Body Balance with Jules
Sat 16 th	1545 Spin with Barry
Sun 10 th	1600 Yoga Flow with Carrie