

COMBE GROVE

METABOLIC RESET PROGRAMME

The Combe Grove Metabolic Reset Programme is a one year plan designed to provide the knowledge, skills, and support to empower prediabetic clients to make sustainable lifestyle choices to delay or prevent the onset of diabetes. The programme is centred around a one week stay which allows clients to retreat from everyday life and to focus on developing an understanding of the five roots of metabolic health whilst enjoying activities that promote health and wellbeing.

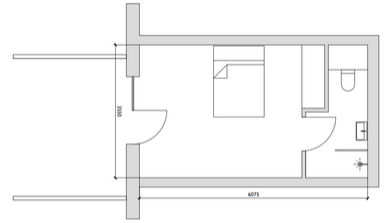
Prices start from £2,600 for the 52 week programme.

SOLO ROOM PRICING



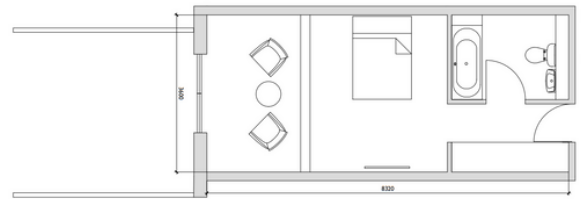
ORCHARD ROOMS

Ground floor
Garden Terrace
Approx 21sqm
£3200



GROVE ROOMS

First floor
Balcony with views
Approx 30sqm
£3500



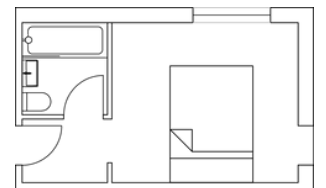
COPPICE ROOMS

Second floor
Valley view window seat
Approx 22sqm
£2900



WOODLAND ROOMS

Second floor
Woodland facing
£2600



To support your lifestyle change, your life partner may attend for an additional charge of £600 for non-prediabetics.

We look forward to welcoming you to Rest, Restore and reset at Combe Grove.

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