



			<p>Live classes to take place in the Oak Room or and each participant to be spaced 2 meters apart.</p> <p>Classes to be staggered to allow time to enter and exit without congestion in public areas</p> <p>Encourage hand-washing. Hand sanitiser to be made available</p> <p>Screen around the reception area</p> <p>Enhanced cleaning protocols paying extra attention to high touch areas such as hand rails, door handles, light switches.</p> <p>Ventilation of exercise areas by opening windows and using our air conditioning which brings in fresh air from outside. No fans in use as they circulate stale air.</p> <p>Members encouraged not to attend if their show symptoms. Booking information will contain details for track and trace.</p> <p>Signage to promote social distancing</p> <p>Employees and self-employed instructors all trained in Covid Secure procedures.</p>			<p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p>
<b>Face Masks</b>	Risk of hyper-ventilating or experiencing breathing difficulties		<p>Face masks not to be used when exercising in line with government advice.</p>			<p>x</p>