

SPA TREATMENT MENU

TREATMENT PACKAGES

Enjoy a day of relaxation and pampering at Combe Grove, with full use of our facilities including steam room, sauna, hydro beds, indoor & outdoor swimming pools and a fully equipped gym. You could even try one of our many studio classes, or a game of tennis.

All treatment packages include a healthy two course lunch in our bar, with far-reaching views over ancient woodland, and the area of outstanding natural beauty beyond.

TOTAL INDULGENCE PACKAGE £85

Treatment time 110 minutes

Indulge in a combination of treatments which will leave you feeling refreshed and radiant. Select two of the following - vitamin glow facial, Aromatherapy body massage, deluxe manicure or deluxe pedicure.

'FACE & NAILS' PACKAGE £75

Treatment time 80 minutes

A combination of treatments to make you feel fabulous. Deluxe manicure plus express facial or soft feet treatment.

'MUM TO BE' PACKAGE £65

Treatment time 50 minutes

Indulge in some much needed 'me' time and relax with our radiant 'mum to be' treatment, suitable for pregnancies over 12 weeks.

'CREATE YOUR OWN' PACKAGE £65

Treatment time 50 minutes

Create your own pamper session, choosing two treatments from the following: back, neck and shoulder massage, express facial, express manicure, express pedicure, or scalp massage.

MORNING BOOSTER SESSION £40

Treatment time 25 minutes

Treat yourself to a little bit of morning relaxation and leave feeling revived and energised for the rest of the day. Choose one of the following back, neck & shoulder massage, express facial, express manicure, express pedicure, or scalp massage. Enjoy making full use of the facilities between 9am-1pm (available Monday to Friday).

All packages include a two-course lunch, robes, slippers and use of the facilities.

All spa packages incur a £5.00 surcharge at weekends.

FACE

ULTIMATE VITAMIN GLOW FACIAL £60

Treatment time 55 minutes

Power-packed with vitamins and antioxidants this facial melts away stress. Combines a rebalancing essential oil elixir with warm, decongesting mask for skin that is purified, perfectly replenished and glowing.

MOISTURE QUENCH FACIAL £60

Treatment time 55 minutes

This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth then a nutrient-rich mask to intensively rehydrate for skin that is supple and cashmere soft.

AROME LISSE FACIAL £65.00

Treatment time 55 minutes

Perfect daily defence for the skin to slow the appearance of signs of ageing. Using hyaluronic acid and mandarin serum & balm, the skin is deeply regenerated and immediately smoothed.

EXPRESS FACIAL £30

Treatment time 25 minutes

Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested glow.

BODY

AROMATHERAPY BODY MASSAGE £56

Treatment time 55 minutes

Relax, detox, tone or stimulate with one of these tension-releasing holistic treatments. Stresses and strains melt away and skin all over is left revitalised and velvety.

DEEP TISSUE MUSCLE ENERGISER MASSAGE £60

Treatment time 55 minutes

Therapeutic relaxation to alleviate stress and release the discomfort of aching muscles. 100% natural essential oil balms enhance the experience, leaving you calm and your muscles intensely soothed.

MORE 

DEEP TISSUE BACK AND SHOULDER MASSAGE £45

Treatment time 25 minutes

A treatment that targets areas of tension to relieve back and shoulders with a powerful deep tissue massage.

TRANQUILLITY BACK MASSAGE £39

Treatment time 25 minutes

Relax with a massage that focuses on the key areas of your back, neck and shoulders.

TRANQUILLITY SCALP MASSAGE £45

Treatment time 25 minutes

De-stressing scalp treatment to banish tension and aid restful sleep. This scalp massage includes rosemary and lavender essential oils to invigorate and soothe leaving a feeling of pure tranquillity.

HOT STONES FULL BODY MASSAGE £60

Treatment time 55 minutes

Hot stone massage is extremely energising and warming for the body, it nourishes the soul and relaxes the mind. By using the stones in combination with traditional massage techniques, hot stone massage can reach deeper levels than regular massage, making it ideal for back pain, stress related conditions and sluggish systems.

HOT STONES BACK, NECK AND SHOULDERS £45

Treatment time 35 minutes

Using basalt stones, this is the ultimate relaxation therapy. The warmth of the stones provides thermal therapy to relax the muscles and release any knots.

RADIANT MUM TO BE £55

Treatment time 60 minutes

Relax while your highly-trained therapist safely and gently treats your tummy, legs and face for a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin. Suitable for pregnancies over 12 weeks.

NAIL TREATMENTS

DELUXE MANICURE / PEDICURE £50

Treatment time 55 minutes

Enjoy a relaxing soak, massage, and mask.

EXPRESS MANICURE / PEDICURE £30

Treatment time 25 minutes

GEL OVERLAY MANICURE / PEDICURE £35

Treatment time 55 minutes

SMOOTH TOUCHES

FULL LEG WAX £30

Treatment time 45 minutes

HALF LEG WAX £22

Treatment time 30 minutes

Add bikini £8.00

CHEST OR BACK WAX £20

Treatment time 30 minutes

CHEST AND BACK WAX £30

Treatment time 50 minutes

BIKINI WAX £12

Treatment time 30 minutes

UPPER LIP OR CHIN WAX £7

Treatment time 15 minutes

UPPER LIP AND CHIN WAX £10

Treatment time 20 minutes

BRAZILIAN WAX £20

Treatment time 30 minutes

UNDERARM WAX £12

Treatment time 15 minutes

FINISHING TOUCHES

EYE PACKAGE £29

Treatment time 45 minutes

Includes eyebrow shape, eyebrow tint, eyelash tint

EYEBROW AND LASH TINT £22

Treatment time 30 minutes

EYELASH TINT £16

Treatment time 25 minutes

EYEBROW SHAPE £12

Treatment time 15 minutes

EYEBROW TINT OR WAX £12

Treatment time 15 minutes